# 2<sup>nd</sup> European Hwalmoo Seminar

We would like to inform you of the 2<sup>nd</sup> Hwalmoo seminar wich will take place at a resort in the beautiful region of the Ardennen in Belgium. We hope to see you all once again and enjoy the training and fun during this weekend.

Everybody has to bring their own weapons and training gear

When:  $\frac{29}{04} = \frac{2005}{2005}$  (evening)  $\frac{-01}{05} = \frac{2005}{2005}$ 

Where: Xhoris (Belgium)

Relaxhoris (www.relaxhoris.be)

We will sleep in rooms above the training hall I advice you to make reservations as soon as possible due to the limited number of beds (70 beds)

#### **BOARDING**

35 euro / person (sleeping & 3 meals included)

Seminar price: 30 euro

**Further info: Yvan De Wever** 

Call / fax 32 (0) 15 226.881

Gsm: 0498/455.257 bansoo@scarlet.be



NAME	FIRSTNAME	SEMINAR 30€	BOARDING 35€/NIGHT	TOTAL

All payements / reservations are due before 10 / 03 / 2005

On ACCOUNT NUMBER: 979-3903538-69 WITH REFERENCE: 2nd EUROPEAN SEMINAR All reservations except the seminar price are non-refundable

## 2<sup>nd</sup> European Hwalmoo Seminar PROGRAMMA

#### 29/04/2005

Check in arrival: 19.00 - 20.00

 $1^{st}$  seminar: 20.00 - 21.30 (if enough participants have arrived)

Free evening: sauna (5€/ uur), zwemmen, golf

#### 30/04/2005

Breakfast: 08.00 – 09.30

 $2^{nd}$  seminar: 10.00 - 12.00

Lunch break: 12.00 – 13.30

3<sup>rd</sup> seminar: 13.30 – 15.00

Planned activity: kayak or mountainbike or visit Caves of Remouchamps **To decide because of the weather** ( against payement)

Dinner: 18.30 - 20.00

Free activities: swimming (free), bowling  $(1,5 \notin /game)$ , mini golf  $(2 \notin )$ , Tennis (own equipment)....

### 01/05/2005

Breakfast: 08.00 – 09.30

4<sup>th</sup> seminar: 10.00 – 12.00

Lunch break: 12.00 – 13.30

5e stage: 13.00 – 14.30

Final words & seminar closing